


Jump for Joy ~ Food Menu - October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>AM Bagel & Cream Cheese</p> <p>Lunch Chicken Corn Dogs w/fruit, veggie & milk</p> <p>PM Fruit & Grahams</p>	<p>3</p> <p>AM Breakfast Bar</p> <p>Lunch Chicken Pasta Alfredo w/fruit, veggie & milk</p> <p>PM Trail Mix</p>	<p>4</p> <p>AM Hot Oatmeal</p> <p>Lunch Traditional Pizza Bagel w/fruit, veggie & milk</p> <p>PM Granola Bar</p>	<p>5</p> <p>AM Muffin & Fruit Spread</p> <p>Lunch Curried Chicken & Rice w/fruit, veggie & milk</p> <p>PM Crackers & Cheese</p>	<p>6</p> <p>AM Cereal & Milk</p> <p>Lunch Sunflower Butter & Jelly Sandwich w/fruit, veggie & milk</p> <p>PM Applesauce & Grahams</p>
<p>9</p> <p>AM Muffin & Fruit Spread</p> <p>Lunch Bean & Cheese Burrito w/fruit, veggie & milk</p> <p>PM Trail Mix</p>	<p>10</p> <p>AM Cereal & Milk</p> <p>Lunch Meatball Pasta Bake w/fruit, veggie & milk</p> <p>PM Cheesy Bread</p>	<p>11</p> <p>AM Bagel & Cream Cheese</p> <p>Lunch Chicken Fajitas w/fruit, veggie & milk</p> <p>PM Applesauce & Grahams</p>	<p>12</p> <p>AM Nutri-Grain Bar</p> <p>Lunch Traditional Pizza Bagel w/fruit, veggie & milk</p> <p>PM Cheese & Crackers</p>	<p>13</p> <p>AM Hot Oatmeal</p> <p>Lunch Whole Grain Chicken Corn Dog w/fruit, veggie & milk</p> <p>PM Granola Bar</p>
<p>16</p> <p>AM Cereal & Milk</p> <p>Lunch Sunflower Butter & Jelly Sandwich w/fruit, veggie & milk</p> <p>PM Cheese & Crackers</p>	<p>17</p> <p>AM Breakfast Bar</p> <p>Lunch Traditional Pizza Bagel w/fruit, veggie & milk</p> <p>PM Applesauce & Grahams</p>	<p>18</p> <p>AM Muffin w/ Fruit spread</p> <p>Lunch Soft Chicken Taco w/fruit, veggie & milk</p> <p>PM Trail Mix</p>	<p>19</p> <p>AM Bagel & Cream Cheese</p> <p>Lunch Chicken Bites w/fruit, veggie & milk</p> <p>PM Crackers & Fruit</p>	<p>20</p> <p>AM Yogurt</p> <p>Lunch Turkey & Cheese Sandwich w/fruit, veggie & milk</p> <p>PM Granola Bar</p>
<p>23</p> <p>AM Hot Oatmeal</p> <p>Lunch Whole Grain Chicken Corn Dog w/fruit, veggie & milk</p> <p>PM Cheesy Bread</p>	<p>24</p> <p>AM Muffin w/ Fruit spread</p> <p>Lunch Chicken Pasta Alfredo w/fruit, veggie & milk</p> <p>PM Trail Mix</p>	<p>25</p> <p>AM Bagel & Cream Cheese</p> <p>Lunch Traditional Pizza Bagel w/fruit, veggie & milk</p> <p>PM Granola Bar</p>	<p>26</p> <p>AM Breakfast Bar</p> <p>Lunch Meaty Spaghetti w/fruit, veggie & milk</p> <p>PM Applesauce & Grahams</p>	<p>27</p> <p>AM Cereal & Milk</p> <p>Lunch Sunflower Butter & Jelly Sandwich w/fruit, veggie & milk</p> <p>PM Crackers & Cheese</p>
<p>30</p> <p>AM Muffin w/ Fruit spread</p> <p>Lunch Bean & Cheese Burrito w/fruit, veggie & milk</p> <p>PM Trail Mix</p>	<p>31</p> <p>AM Hot Oatmeal</p> <p>Lunch Mac and Cheese w/fruit, veggie & milk</p> <p>PM Fruit & Crackers</p>	<p>Happy Harvest! </p>		